

PORK

Sweet and Sour Pork

Pork cubes, curry powder, ginger powder, soy sauce, sugar, white vinegar, orange juice, ketchup

Chicharron (Fried pork belly)

Pork belly, adobo, sazón, ginger powder

BBQ/Teriyaki Sesame Pork Ribs

Pork ribs, BBQ sauce/Pork ribs, teriyaki sauce, sesame oil

Bacon Wrapped Chicken

Chicken breast, adobo, garlic, cilantro, bacon

Katsu Don (Japanese Fried Pork)

Pork loin, panko breading, flour, eggs

Sausage Onions and Peppers

Sweet Italian sausage, onions, peppers, garlic

Fried Pork Dumplings

Ground pork, flour, eggs, soy sauce, cabbage, ginger, scallion, soya bean (oil), sesame oil

Char-siu (Chinese Roast Pork)

Pork, soy sauce, honey, sugar, char-siu sauce

Sweet Chili Fried Pork Chops

Pork chops, panko, eggs, corn starch, thai sweet chili sauce

Chipotle Carnitas

Pork, orange juice, chipotle peppers, garlic, ginger, chicken broth, cilantro

Korean Spicy Pork

Pork, soy sauce, onions, peppers, sugar, Korean red pepper paste, sesame oil

BEEF

Grilled Beef Tenderloin

Beef tenderloin, oyster sauce, ketchup, garlic, soy sauce, beef broth, assorted vegetables

Beef and Stringbeans

Beef, string beans, garlic, soy sauce, oyster sauce, cooking wine, chili garlic sauce

Pepper Steak and Onions

Beef cubes, soy sauce, oyster sauce, sazón, onions, peppers, garlic

Bul Go Gi (Korean marinated sliced beef)

Tender sliced beef, soy sauce, brown sugar, coca-cola, garlic, scallions, onions, ginger, carrots, sesame oil

Beef Sukiyaki

Sliced beef, soy sauce, mirin, sake, sugar, bean sprouts, onions, scallions, garlic

Beef Stew

Beef brisket, oyster sauce, soy sauce, sugar, onions, garlic, carrots, potatoes, red wine

Beef Adobo

Beef slices, soy sauce, sugar, lemon juice, onions, scallions, ginger, garlic, white vinegar

Meatloaf

Ground beef, ketchup, mustard, beef broth, Italian bread crumbs, eggs, bell peppers, garlic, mushrooms, Worcestershire sauce

Meatballs

Meatballs, marinara sauce, onions, garlic

POULTRY

Roast Chicken

Chicken legs, paprika, garlic powder, onion powder, salt, pepper, sugar, lemon juice

Fried Chicken/Wings

Chicken, flour, water, paprika, salt, pepper, olive oil

Soy Sauce Chicken

Chicken, garlic, ginger, scallion, soy sauce, sugar, onions

Sesame Chicken

Chicken breast, soy sauce, sesame oil, orange juice, sesame seeds, corn starch, cooking wine

Chicken and Broccoli

Chicken slices, broccoli, soy sauce, garlic, oyster sauce, sugar, corn starch, cooking wine

Roast Duck

Whole duck, soy sauce, hoisin sauce, star anise, oyster sauce, ground bean paste

Pollo Guisado

Chicken, sazón, peppers, onions, tomato paste, adobo, lemon, cilantro, bay leaf

Cordon Bleu

Chicken breast, ham, mozzarella cheese, Italian bread crumbs, flour, eggs

Chicken Quesadilla

Chicken, cumin, peppers, onions, mozzarella cheese, tomato salsa

Chicken Tikka Masala

Chicken, onions, cumin, coriander, curry, tomato puree, tomato paste, ketchup, heavy cream, garlic, ginger

Chicken Curry

Chicken, cumin, curry, turmeric, ginger, garlic, corn starch

Sweet Chili Chicken Bites

Chicken thighs, soy sauce, sesame oil, flour, eggs, Italian bread crumbs, Thai sweet chili sauce

Roast Whole Turkey

Turkey, paprika, garlic, onion powder, onions, celery, carrots, olive oil, apples, herbs

Roast Turkey Breast

Turkey breast and turkey gravy

Buffalo/BBQ Wings

Chicken wings, flour, buffalo sauce, BBQ sauce, blue cheese, ranch dressing

Lemon Chicken

Chicken breast, cumin, lemon, heavy cream, butter, parsley, onions, white wine

Pan Seared Orange Chicken

Chicken breast, orange peel, heavy cream, butter, parsley, onions, white wine, garlic

Chicken Marsala

Chicken breast, flour, marsala wine, heavy cream, butter, mushrooms, onions, garlic

Chicken Tenders

Chicken breast, flour, eggs, breading

VEGETABLES/TOFU

Steamed Vegetables

Broccoli, cauliflower, and carrots

Stir Fried Bok Choy

Baby bok choy, oyster sauce, garlic, soy sauce

Garlic Stringbeans

Stringbeans, garlic, garlic powder, cooking wine

Agedashi Tofu

Tofu, corn starch, scallions, soy sauce, sugar, mirin, hondashi

Garlic Mashed Potatoes

Roast garlic, potatoes, butter, heavy cream, parsley

Roast Potatoes

Red Potatoes, dried herbs, garlic powder, paprika

Plantains

Plantains and pancake syrup

Sweet Corn

Whole kernel corn and sugar

Onion Rings

Mozarella Sticks

Fries

Sweet Potato Fries

Roast Asparagus

Asparagus, olive oil

Grilled Vegetables

Plum Tomatoes and Leeks

Plum tomatoes, leeks, olive oil

Stuffed Plum Tomatoes

Plum tomatoes, feta cheese, cream cheese, garlic, parsley

Spinach Pie

Chopped spinach, feta cheese, parmesan cheese, cream cheese, mozzarella cheese, heavy cream

Steamed Squash

Squash, olive oil

Sautéed Brussels Sprouts

Brussels sprouts, garlic, garlic powder, cooking, oyster sauce, chili garlic sauce

Eggplant Parmesan

Eggplants, eggs, Italian bread crumbs, marinara sauce, flour, basil, grated parmesan, mozzarella cheese

SEAFOOD

Lemon Butter Haddock

Haddock, lemon, butter, parsley, white wine, tomatoes

Lemon Caper Haddock

Haddock, lemon, capers, butter, parsley, white wine

Basil and Tomato Roast Tilapia

Tilapia, basil, tilapia, garlic, sesame oil, white wine, tomatoes

Tuna Melt

Bread, tuna, celery, onions, garlic, mayonnaise, cheese, tomatoes

Crab Rangoon

Wonton wrappers(eggs and flour), imitation crab meat, cream cheese,

Fish Stew

Haddock, tilapia, white wine, bay leaf, tomato paste, onions, tomatoes, bell peppers, garlic, potatoes

Roast Shrimp

Shrimp, paprika, garlic, sesame oil, old bay seasoning, Cajun seasoning, garlic, onions, peppers

Fried Tilapia w/ Japanese Ginger

Tilapia, flour, Japanese ginger, mayonnaise

NOODLES/RICE

Shrimp Fried Rice

Shrimp, rice, tomato paste, hondashi, onions, peas & carrots, mushrooms, turmeric, garlic, sesame oil

Chicken Lo-mein

Lo-mein, chicken, soy sauce, garlic, oyster sauce, onions, peppers, cabbage, carrots, scallions

Vegetable Lo-mein

Lo-mein, broccoli, soy sauce, garlic, onions, mushrooms, cabbage, carrots, scallions, oyster sauce

Cheese Stuffed Shells

Pasta shells(eggs & flour), marinara sauce, mozzarella cheese, ricotta cheese, garlic

Baked Ziti

Ziti, marinara, garlic, cream cheese, parmesan cheese, ricotta cheese, mozzarella cheese, heavy cream, onions

Mac & Cheese

Macaroni pasta, parmesan cheese, ricotta cheese, cheddar cheese, heavy cream, butter

Meat Lasagna

Lasagna pasta, ground beef, onions, tomatoes, marinara sauce, celery, carrots, cumin, parmesan cheese, ricotta cheese, mozzarella cheese, garlic powder

Arroz con Pollo

Yellow rice, spices, herbs, chicken, onions, peas and carrots, cilantro, garlic

Yellow Rice and Vegetables

Yellow rice, spices, herbs, broccoli, carrots, peas and carrots, cilantro, onions, garlic

Pineapple Ham Fried Rice

Rice, ham, eggs, soy sauce, garlic, ginger onions, scallions

Bacon Kimchi Fried Rice

Rice, bacon, Kimchi(preserved cabbage), Korean red pepper paste, soy sauce, sugar

Angel Hair in Fresh Tomato Sauce

Angel hair pasta, tomatoes, white wine, garlic, onions, carrots, herbs

Sweet Italian Sausage with Rotini in Garlic Cream Sauce

Sweet Italian sausage, Rotini pasta, garlic, heavy cream, onions, baby spinach, roast plum tomatoes

ALL FOODS ARE PREPARED TO TASTE WITH SALT AND PEPPER

ALL FOODS ARE COOKED AND PREPPED WITH CANOLA OIL